

## 2024 SUPPORT GROUPS



Please contact the phone number provided to confirm the meeting schedule and if support groups are meeting in person or virtual.

## **BEREAVEMENT SUPPORT GROUPS**

**Adults:** 2nd Tuesday of Each month | 6 pm - 7 pm | (989) 725-2299

Memorial Healthcare NOW Building, Educational Theatre (Wellness Center Entrance)

819 N. Shiawassee Street, Owosso

**Children:** One-on-one bereavement support for children can be scheduled with Tom Kalina,

LMSW, of Memorial Healthcare Hospice by contacting (989) 725-2299.

## **CANCER SUPPORT GROUP**

1st Monday of every month | 3 pm - 4:30 pm | (989) 729-HOPE (4673) Cancer Center (first floor), 721 N. Shiawassee Street, Owosso

Open to all Memorial Healthcare patients with cancer diagnoses, their families, and supportive friends. The group focuses on caring and sharing with professionally-led education on coping skills, emotional support, and other group-centered topics. Guest speakers are also provided throughout the year.

## PARKINSON'S SUPPORT GROUP (Not Affiliated with Memorial Healthcare)

Meets the Second Wednesday of Each Month | 5 pm - 7 pm | (989) 723-8875 Shiawassee Council on Aging | 300 N. Washington Street, Owosso