



**2023 Shiawassee County Community Health
Improvement Plan
Executive Summary**

BACKGROUND

The 2010 Patient Protection and Affordable Care Act requires non-profit hospitals to conduct or participate in a community health needs assessment, partner with local public health department and the community, and to develop an action plan to address health needs identified in the assessment. A Community Health Improvement Plan (CHIP) is a comprehensive plan aimed at improving the health and well-being of our community. The 2023 Shiawassee County CHIP is the result of collaborative efforts among various stakeholders who have come together with a shared vision of creating a healthier future for our county.

This CHIP is not only a roadmap for improving health, but also a call to action for Shiawassee County to work collaboratively towards a healthier future. It emphasizes the importance of engaging all sectors of our community, including individuals, families, schools, businesses, government, and non-profit organizations, in the effort to promote health and well-being.

After the completion of the 2022 Community Health Needs Assessment, a community reveal event was held to share and analyze the data, and discuss the current environment in Shiawassee County. From this information, three strategic priorities were identified by those attending:

1. Sexual violence prevention
2. Substance misuse
3. Mental health

Work groups were formed and have each met three times to create goals based on the vision for a healthy Shiawassee County. Objectives and strategies have been added to create a detailed plan for each priority.

IMPLEMENTATION PLAN

Memorial Healthcare will continue to collaborate on opportunities that arise to improve the health and well-being of area residents. As the sole health care provider in the community, organizations rely on us for guidance and coordination. Below are some of the strategies the hospital is pursuing to address the strategic issues defined in our Community Health Needs Assessment.

Substance Misuse

Substance misuse, including the misuse of alcohol, prescription drugs, and illegal substances can lead to a range of negative consequences, including addiction, physical and mental health problems, social and economic disruptions, and increased crime rates. Strategies to decrease substance misuse include:

Goal 1: Support Proactive Measures to Prevent Substance Misuse

Objective 1: Research opportunities to increase awareness and education about substance misuse risks and consequences.

Objective 2: Explore environmental strategies to reduce substance misuse.

Goal 2: Increased Access to Evidence-Based Substance Misuse Treatment Services in the Community

Objective 1: Research partnering with agencies to increase access to evidence-based treatment for individuals with substance use disorders.

Objective 2: Investigate opportunities to increase recovery and reduce stigma associated with substance use disorders.

Sexual Violence Prevention

The effects of sexual violence can be devastating, including physical, emotional, and economic consequences for the individuals impacted and for the community at large.

Goal: Reduce Incidence of Sexual Violence in Shiawassee County

Objective 1: Investigate opportunities to increase awareness of sexual violence among youth and the community.

Objective 2: Work towards a streamlined process of screening and referral to resources for sexual violence victims and survivors.

Objective 3: Build partnerships to promote advocacy.

Objective 4: Investigate safe gathering spaces for youth in the community.

Mental Health

Mental health disorders, such as anxiety, depression, and substance use disorders, are prevalent in our community and can have a significant impact on individuals' quality of life, relationships, and ability to function in their daily lives

Goal: Improve Mental Health Outcomes in our Community

Objective 1: Seek opportunities to increase access to mental health resources.

Objective 2: Investigate promoting mental health awareness and education

Objective 3: Work towards reducing stigma in our community

Objective 4: Search opportunities to create a supportive community environment

The implementation plan will be monitored to track outcomes of success and areas for improvement. The hospital reserves the right to amend this plan as circumstances warrant. During the three year period, other organizations in the community may decide to address certain needs or other needs may arise which would require the hospital to refocus its limited resources to best serve the community.