

**Memorial Healthcare
Community Health Needs Assessment
Implementation Plan**

Approved by the Board of Trustees
September 23, 2013

Decrease Obesity

Action Step	Responsible Person/Agency	Timeline	Outcomes
Support the Live Healthy Coalition			
Goal: 1. Continue Memorial Healthcare's active participation in this group and work with schools and community to support the Live Healthy Coalition goals.	Live Healthy Coalition School Wellness Council Memorial Healthcare	2013 through 2015	Ongoing active partnership
Implement the We Can! Family Overweight and Obesity Prevention Program			
Goals: 1. Implement the We Can! Program, a national evidence based approach to encourage healthy eating, increase physical activity and reduce screen time.	Live Healthy Coalition Memorial Healthcare Diabetes and Outpatient Nutrition Counseling Center	2013 through 2015	Ongoing active partnership
2. Execute at least two We Can! events annually.		2013 through 2015	Parenting Classes, Sports Physicals, Project Connect, SRI Healthy Kids Day, Community Talks
Expand the Memorial FIT Kids Program			
Goals: 1. Continue to offer Memorial FIT Kids to sixth grade students in the Shiawassee County region. This is an evidence-based ten-week education and screening program offered to every sixth grade classroom.	Memorial FIT Kids Memorial Healthcare	2013 through 2015	Ongoing funding and programming
2. Provide baseline and follow up cardiovascular screenings (CVD) to measure cholesterol, HDL and resting heart rate at two new schools each year.	Memorial FIT Kids Memorial Healthcare	2013 through 2015	Morrice and Chesaning Schools are receiving CVD screenings during the 2013-2014 school year.

Support Health Programming for Adults			
Action Step	Responsible Person/Agency	Timeline	Outcomes
Goals:			
1. Support the efforts of the Live Healthy Coalition and collaborate with the community to develop a list of health resources for adults	Live Healthy Committee	2013 through 2015	Ongoing active partnership
2. Utilize Farmer's Market booth to demonstrate food prep and education with healthy foods and encourage increased activity.	Memorial Healthcare	12/31/13	Began efforts in 2013. Will step up food demonstrations at summer markets in 2014
3. Implement ' <i>Intensive Behavioral Therapy</i> ' the new benefit for Medicare beneficiaries to counsel on obesity.	Memorial Healthcare Diabetes and Outpatient Nutrition Counseling Center	12/31/2014	In progress
4. Investigate a pilot program with engaged overweight and obese patients, under the care of physicians, to provide intensive nutritional counseling and physical activity training, with a goal of improved fitness and weight loss.	Memorial Healthcare	12/31/2015	Will begin investigation in 2014
Increase Nutrition/Physical Education Materials Being Offered to Patients by Primary Care Physicians			
Goals:			
1. Work with Primary Care Providers and their staff in our region to assess what information and/or materials they are lacking to provide better care for obese/overweight patients	Memorial Healthcare	07/01/14	Survey has been developed to be implemented in early 2014
2. Provide Primary Care Providers and their staff with consistent information and materials for obesity counseling.	Memorial Healthcare	2014	Will begin in 2014

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Increase Access to Dental Care

Action Step	Responsible Person/Agency	Timeline	Outcomes
Increase Access to Dental Care for the Uninsured and those on Medicaid			
Goals:			
1. Work with community partners to fund and bring temporary dental services to Shiawassee County to see patients who are uninsured or who are on Medicaid.	Adult Dental Workgroup of the Health & Human Services Council	2013	<u>Completed.</u> HDI provided Dental Bus in summer of 2013 with grant funds accumulated by the hospital.
2. Work with Health Delivery, Inc. of Saginaw to bring a full dental clinic to the Shiawassee Community Health Center to treat patients who are uninsured or who are on Medicaid.	Memorial Healthcare	2014	HDI received the grant to become a full FQHC. This will bring full dental services to Shiawassee. Projected date - Late summer 2014.

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**Increase Screening, Access To and
Awareness of Mental Health Services**

Action Step	Responsible Person/Agency	Timeline	Outcomes
Improve <i>Outpatient</i> Mental Health Services			
Goals:			
1. Collect baseline data on the number of Primary Care Providers that currently screen adults for depression during office visits.	Memorial Healthcare, Community Mental Health and Community Physicians	3/1/14	In progress
2. Develop a depression screening tool for use by Primary Care Providers, Medical Assistants and Pain Clinic, etc.	Memorial Healthcare	7/1/14	In progress
3. Develop a decision making process to help providers determine potential referral to outpatient mental health providers or inpatient admission.	Memorial Healthcare	7/1/14	In progress
4. Communicate and educate Primary Care Providers to use these criteria effectively.	Memorial Healthcare	12/31/14	In progress
5. Evaluate the usage of the criteria and processes and reassess effectiveness.	Memorial Healthcare	2015	In progress
6. Work with community partners to develop a resource guide of mental health services	Community Mental Health	3/1/14	Brochure being finalized for distribution in early 2014.
7. Add the Ages and Stages Questionnaire – Social Emotional (ASQ-SE) screen to well- baby visits with community Primary Care Providers and utilize the Great Start Consultation Referral Protocol when appropriate	Live Healthy Shiawassee Health Integration Partnership (SHIP) Memorial Healthcare	2014	In progress
Improve Mental Health Access and Services to all <i>Inpatients</i>			
Goal:			
1. Work with the Professional Nurse Practice Council and Behavioral Health to review and revise the nursing assessment to insure we are using the most effective tool for inpatient screening for depression.	Memorial Healthcare	12/31/14	In progress
Explore and Improve Community Access to Mental Health Services			
Goals:			
1. Review access and capacity of mental health professionals in our service area.	Memorial Healthcare Community Mental Health	2014	In progress
2. Explore the potential to facilitate mental health services at the Shiawassee Free Medical Clinic for the uninsured.	Memorial Healthcare Community Mental Health	2014	In progress